

**Dr. Chioma Anah, ATR, LCPC, Board-Approved Supervisor, NCC, ACS**



*Dr. Chioma Anah, Ed.D., ATR, LCPC, NCC, ACS*, holds a Doctorate of Education (EdD) in Counseling Psychology, is a Registered Art Therapist (ATR), a National Certified Counselor (NCC), a Licensed Clinical Professional Counselor (LCPC-Maryland), an Approved Clinical Supervisor (ACS), and a Board-Approved Supervisor in the state of Maryland. Her interests and research agenda primarily focuses on racial microaggressions, psychology of anti-Black racism, African American mental health disparities, and the intersection of art and social justice. ***Her dissertation focused on the experiences of racial microaggressions and coping strategies among professional African American men (2014).*** Dr. Anah has worked with adults and adolescents with mental health issues for over 20 years, and is the ***Founder & CEO of PerceptA Therapeutic & Training Center, LLC*** located in Baltimore City, where she primarily focuses her practice on resiliency and coping interventions for race-related stress and trauma. Given her passion for social justice advocacy, Dr. Anah is the founding member and first president (2018-2019) of Maryland Counselors for Social Justice (MCSJ), a division of Maryland Counseling Association (MCA). She is also a co-founder of ***#BlackInMH*** (2020). Dr. Anah writes a column (3 times a year) for the Canadian Art Therapy Association magazine, ENVISAGE focused on Social Justice issues. She is currently on the board of the Pro Bono Counseling Project, and a counselor volunteer, where she also provides mental health services to those with limited resources. Dr. Anah is a proud alumna of the ***Johns Hopkins University School of Education.***

@DrChiomaAnah  
@PerceptATandT  
@BlackInMH

@DrChiomaAnah (2020)

Dr. Chioma Anah, ATR, LCPC, Board-Approved Supervisor (MD), NCC, ACS

Website: [Perceptatherapeutic.com](http://Perceptatherapeutic.com)

Twitter: @DrChiomaAnah and @PerceptATandT

Instagram: @drchiomaanah and @chiomaanahart