

**Erica Weinstein, MEd, NCC, LCPC**

**Ms. Weinstein has a Master's Degree from Loyola College in Maryland; she is a Nationally Certified Counselor (NCC), and a Licensed Clinical Professional Counselor (LCPC- Maryland). Ms. Weinstein is a remarkable young woman who owns WEINSTEIN WELLNESS Mobile Psychotherapy, an In-Home & Office Psychotherapy Services, working with individuals, couples and families. Her practice specializes in individuals with a variety of mental health issues, including Anxiety, Trauma, & Mood Related Disorders. Ms. Weinstein, will meet with you, in the comfort & convenience of your home or her office; in essence, she will work with you to arrange a location that works best with you. Ms. Weinstein considers herself a, "Turner of thoughts, challenger of perspectives, and seeker of the new & bright..."**

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Interview Questions with LCPC: Erica Weinstein

Interview Questions by PerceptA Therapeutic and Training Center, LLC

- 1. What drew you to become a counselor and how did you become interested in the professional? Share some of your background.**

*The wonderment of how humans think drove me to become a therapist. I believe I was born to help others search.*

- 2. Where did you earn your Master's Degree? What made you pick that school and what was your experience like?**

*I earned my Med in School Counseling from Loyola College in Baltimore MD. Honestly, theirs was the first & only program I considered...felt right at the time. I was thoroughly academically challenged & overwhelmed. Happy I experienced it; overjoyed that it's completed.*

- 3. When and why did you choose to go into private practice?**

*Almost 2 years to the day I waded into the shaky waters of private psychotherapy practice. I had spent enough years & energy working as an underling (despite the quality of my education & experience) in the field. It was time to dance my dance, my way.*

- 4. What are some of your professional challenges in private practice and how do you successfully deal with those challenges?**

*One challenge of operating a private psychotherapy practice is how to go about introducing myself & my services to those who may benefit. I manage this by trying everything even slightly reasonable.*

- 5. Given that the United States is becoming increasingly diverse in terms of ethnic composition, how does your practice reflect your understanding of cross-cultural competency?**

*My work, education, & personal life have more than prepared my practice for multicultural awareness & acceptance. All facets (amazingly), have been holistically integrative.*

**6. Who are your professional inspirations, and why?**

*My professional inspiration was my maternal grandmother who stopped working when her brain told her that she no longer could.*

**7. What is your favorite quote?**

*“Mary, Mary, quite contrary...how does your garden grow?”*