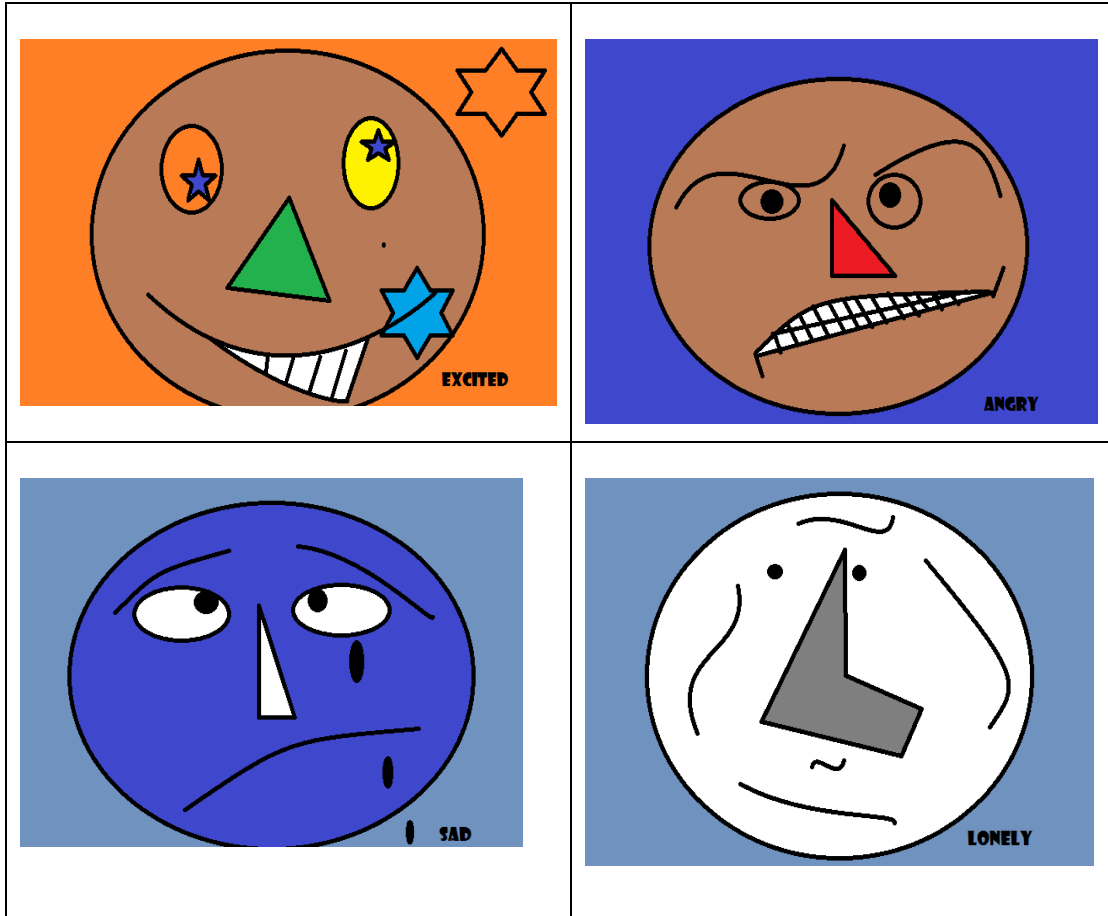


Name: _____

Date: _____

Feelings



Picking from the above choices, how do you feel today? _____

How do you deal with you feelings of anger?

Have you ever felt lonely? How did you cope?

Are you able to talk to someone when you feel sad? Who?

When was the last time you felt EXCITED about something?
